



## SAILING INSTRUCTIONS

### U.S. Junior Women's Doublehanded Championship for the Ida Lewis Trophy

July 7 - July 13, 2008

Organizing Authority (OA): US SAILING

Hosted By: Sausalito Yacht Club (SYC)



#### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current Racing Rules of Sailing (RRS) and the Championship Conditions.
- 1.2 This regatta is classified as a Category A event in accordance with ISAF Regulation 20 — Advertising Code.
- 1.3 Boats shall display recall numbers provided by the OA at the top of the mainsail and on the bow. These numbers shall be placed in accordance with the instructions issued with the numbers.

#### 2 ENTRIES

- 2.1 All competitors must be:
  - a) women who have reached their 13th birthday, but not their 19th birthday during the calendar year 2008, be a U.S citizen, and
  - b) group 1 or 2 sailors in accordance with the ISAF Sailor's Classification Code (ISAF Regulation 22), and
  - c) current members of US SAILING.
- 2.2 This championship is open to all women who meet the above requirements. No eliminations are required. Eligible competitors may be entered by completing registration with the OA.


#### 3 NOTICES TO COMPETITORS

Notices to Competitors will be posted on the official regatta notice board located in the SYC clubhouse.


#### 4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1000 on the day it will take effect, except that any change in the schedule of races will be posted by 1900 on the day before it will take effect.

#### 5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the flagpole located on the deck of SYC.
- 5.2 Code flag "AP", Answering Pennant, with two horns means, "The race is postponed: do not leave the docks."  The warning signal will not be made sooner than forty-five (45) minutes from the lowering of "AP", accompanied by one horn. This changes RRS Race Signals.

#### 6 SPECIAL SIGNALS

The display of code flag "H" at the finish of any race means: "Racing has ended for the day." 

#### 7 SCHEDULE OF RACES

- 7.1 A skipper's meeting will be held Wednesday, July 9, 2008, at 1730 hours in the Dining Room in the SYC clubhouse.
- 7.2 Racing will be held July 10th through 12th, 2008. Ten (10) races are scheduled of which three (3) must be completed for the championship to be valid. The race committee (RC) may hold up to four (4) races each day.
- 7.3 The scheduled time of the warning signal for the first race each day is 1130 hours. Subsequent races will be held as soon as possible after the end of the previous race.

#### 8 CLASS FLAG

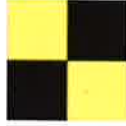
- 8.1 The class flag will be the Ida Lewis burgee.
- 8.2 All sound signals will be horns. Warning, Preparatory and Start signals will be short blasts. End of Preparatory period will be one long blast.
- 8.3 This changes RRS 26.

## 9 RACING AREA

Racing will be in the area between Pt. Knox and Yellow Bluff as shown in Attachment A. If conditions dictate, the RC may move the racing area into Richardson Bay, also shown on Attachment A.

## 10 CHECK IN

All contestants must check in by sailing on starboard tack past the stern of the RC signal boat displaying code flag "L", prior to her first race of the day.



## 11 THE COURSE

- 11.1 The diagrams in Attachment B show the courses, including the order in which marks are to be passed and the side on which each mark is to be left. The course to be sailed will be signaled from the RC signal boat using numerical pennants.
- 11.2 Offset Mark: The RC will set an offset mark, Mark 1o, at approximately 90 degrees to the direction signaled in SI 11.4. Boats shall pass Mark 1 to port and then Mark 1o (offset mark) to port.
- 11.3 Leeward Gate: When the RC sets a gate instead of mark 3, all boats shall sail between mark 3S and mark 3P from the direction of the last mark, and round either mark 3S to starboard or mark 3P to port. See Attachment B.
- 11.4 The approximate compass bearing from the starting line to mark 1 will be displayed from the RC signal boat.

## 12 MARKS

- 12.1 Marks 1, 3S and 3P will be orange/red inflatable shapes. Mark 1o (offset) will be an orange round ball buoy.
- 12.2 For a change of course, the race committee will signal the new direction by displaying either a green triangular flag or a red square flag under the "C" flag.
- 12.3 For a change of course, new marks will be yellow inflatable shapes. Mark 1o (offset) will not change color. This changes RRS 33.
- 12.4 If a leg of the course is to be lengthened or shortened, the RC boat at the beginning of that leg will display either a "+" or "-" under the "C" flag.

## 13 THE START

- 13.1 The starting line will be between an orange flag displayed on the RC signal boat at the starboard end and a mark boat displaying an orange flag on the port end. All signals will be made from the RC signal boat.

- 13.2 Boats not starting within four (4) minutes of their signaled start will be scored DNS

## 14 RECALLS

- 14.1 The RC intends to hail the recall or sail numbers of OCS boats after the starting signal.



- 14.2 The following shall not be grounds for redress: failure of any boat to hear the hail; promptness of the hail; failure to hail any boats; and the order of boats hailed.
- 14.3 This changes RRS 62.1.

## 15 THE FINISH

The finish line will be between an orange flag on a RC boat and an orange/red inflatable mark to starboard of the committee boat.

## 16 PENALTY SYSTEM

- 16.1 Appendix P will apply, modified as follows:
  - a) P2.2 is changed to "second time and subsequent times."
  - b) P2.3 is deleted.
  - c) P3 is changed to read: "If a boat has been protested under rule P1 and the RC signals a postponement, general recall, or abandonment, the penalty or penalties are cancelled."

## 17 TIME LIMIT

- 17.1 The time limit for each race will be ninety (90) minutes for the first boat to finish.
- 17.2 Boats still racing fifteen (15) minutes after the first boat finishes, and not thereafter retiring, being penalized or given redress, will be scored TLE (Time Limit Expired) and scored points equal to the number of boats finishing within the time limit plus two (2) points. This changes rules 35, A4.1, A4.2, and A5.

## 18 PROTESTS AND REQUESTS FOR REDRESS

- 18.1 Protests forms are available at the protest table on the deck of the club. Protests shall be in writing and delivered to the protest table of SYC within sixty (60) minutes after the RC boat docks.
- 18.2 The protest time limit and a list of protests will be posted on the official notice board within thirty (30) minutes following the end of protest time. This posting constitutes the notification required in rules 61.1(b) and 63.2.

- 18.3 A boat is not permitted to protest another boat for breaking sailing instructions 1.3, 10, 13.2, 20, or 21. This changes rules 60.1(a). The penalty for breaking these instructions may be less than disqualification at the discretion of the protest committee.

## 19 SCORING

The Low Point Scoring System, Appendix A will apply, modified so that each boat's series score will be the total of her race scores with her worst score excluded if six (6) or more races are completed.

## 20 DISPOSAL OF TRASH

Boats observed purposefully discharging trash into the water will either be disqualified from all races sailed on the day the infraction is observed or be subject to other suitable disciplinary action, or both.

## 21 SAFETY REGULATIONS

- 21.1 All competitors in US SAILING Championships, at all levels, shall wear, while on the water, other than brief periods while adding or removing clothing, an approved US Coast Guard Type III PFD.
- 21.2 A boat retiring from a race shall notify a RC vessel before leaving the course, or, when that is impossible, the protest table at SYC immediately after arrival ashore.

## 22 PRIZES

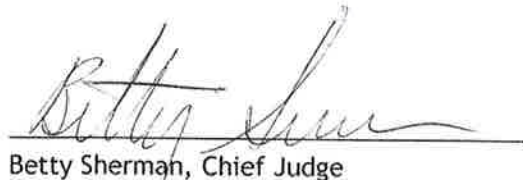
- 22.1 The winning skipper's name will be added to the perpetual Ida Lewis Trophy, which will remain on display at the Ida Lewis Yacht Club.
- 22.2 US SAILING medals will be awarded to skippers finishing in the top five (5) positions.
- 22.3 Take home prizes will be awarded to skippers finishing in the top three (3) positions.
- 22.4 A "Sportsmanship" trophy will be awarded to both members of the team selected from the results of the competitors' ballots.
- 22.5 A "Most Improved" trophy will be awarded to both members of the team chosen by the coaching staff.
- 22.6 Additional prizes may be awarded at the discretion of the Organizing Authority.

## 23 LUNCH AND REFRESHMENTS

Lunch and refreshments - will be available from support boats on the race course. These boats will also accept trash. Support boats will display a yellow flag for identification

Approved:

  
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Jeff Zarwell, Principal Race Officer

  
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Betty Sherman, Chief Judge





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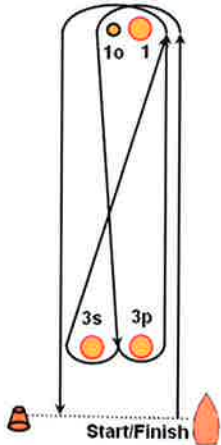
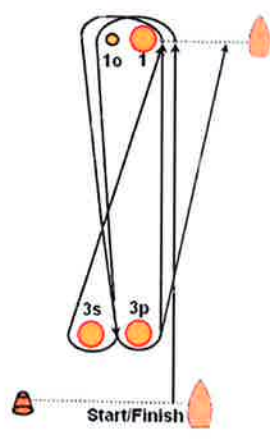
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### ATTACHMENT B - COURSES

<b>Course 1:</b> <b>(shown with gate)</b>		<b>Course 2:</b> <b>(shown with gate)</b>	
			
	<b>Start</b> 1 1o (offset) 3S / 3P (gate) 1 1o (offset) <b>Finish (downwind)</b>		<b>Start</b> 1 1o (offset) 3S / 3P (gate) 1 1o (offset) 3S / 3P (gate) <b>Finish (upwind)</b>